Segmental Colectomy for Ulcerative Colitis: When If Ever?

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Ulcerative Colitis

- Mucosal disease
- Long-term inflammation
 - ⇒ Neoplasia
 - ⇒ Dysplasia (low / high grade)
 - ⇒ Carcinoma

Increased Risk => 8-10 yrs from Symptoms



- IBD-associated carcinoma
- More aggressive
- Worse survival
- Biology
- Quiescent disease

- Surveillance
- Missed rate of detection...



- Presence of dysplasia
- ⇒ Occult carcinoma
- ⇒ Fast progression
- Removal of colon & rectum
- Retrospective studies:
- Dysplastic colon specimens => +_ 30% occult cancer / Pathological evaluation



- Advent in technology => chromoendoscopy
- Subspecialization => IBD-iologists / endoscopists
- Centralization => high volume
- => Organ Preservation?



- SCENIC proposal
- Advanced/complex endoscopic procedure
- ⇒ ESD / EMR
- ⇒ Single lesion
- ➡ No signs of concerns
- GI pathologist
- ⇒ Strict surveillance
- Failure => Surgery



- Standard of care
- TPC => cure the disease
- => Morbidity (elderly)

- Concept of organ preservation
- Endoscopic resection => Surgical resection?
- Surgical resection
- Extent of resection
- Total vs. segmental



Ulcerative Colitis Patients

- IBD patients may develop
- Sporadic CRC
- Diverticulitis
- SCAD
- Solitary stricture (prevents surveillance / historical risk of carcinoma)
- Quiescent disease
- => Justify total removal of colon and rectum?



Does it work?

- Metachronous neoplasia
- Post-surgical colitis / Flare-ups
- Ileostomy free survival
- Completion proctectomy / TPC free survival
- Re-operation
- Is It Safe?
- Who is indicated?



- Retrospective study
- Post-operative outcomes
- 55 patients => Segmental colectomy
- 32 (58%) => ASA III
- 48 (88%) Mayo Score 0-1

• Right Hemi: 28 (51%)

• Sigmoidectomy: 17 (31%)

Left Hemi : 6 (11%)

• LAR : 2 (3.5%)

Non anatomic resection 2 (3.5%)

• CRC: 15 (27%)

Diverticular disease: 13 (24%)

Solitary stricture: 6 (11%)



- Clavien-Dindo Class III-IV: 16 (29%)
- Early colitis: 9%
- Late colitis: 15%
- Metachronous CA: 1
- Completion proctecto-colectomy: 6 (11%)



- Completion TPC Free-survival:
- 2 yrs: 91%
- 5 yrs: 88%

- SC: safe to consider
- In selected case (elderly) with quiescent disease and certain indications



- International multicentric
- Retrospective study
- Sc => safe alternative to IPAA

- Sigmoidectomy: 28
- Right Hemi: 24
- Proctecomy: 11
- Left Hemi: 9



- CRC: 27
- Diverticulitis: 17
- Stenosis: 5
- Dysplasia / Polyps: 8
- Miscellaneous: 15



- Flare up: 7% 3 months
- A median f/u: 40 months
- 24/69 (35%) => reoperation [2-258months]
- TAC: 9
- TPC: 13
- SC: 2



• Colitis: 14 (20%)

• CA: 3

• Dysplasia: 3

• ? : 3

• Stenosis: 1

 "SC could possibly represent an alternative to IPAA in selected patients withotu active colitis"

Extent of Surgical Resection in IBD-associated CRC: a population-based study

- Aim: to evaluate the extent of surgical resection in (IBD) patients who develop (CRC)
- Using a validated Ontario registry
- identified patients who underwent CRC, 07 '15.

- 599 ulcerative colitis
- 366 Crohn's disease (CD)

Extent of Surgical Resection in IBD-associated CRC: a population-based study

Segmental resection

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• UC CD

• 45% 68%

5 yrs survival

• 64% 58%

Extent of Surgical Resection in IBD-associated CRC: a population-based study

- TAC => Worse survival [HR 1.70 (95% CI 1.31–2.21), p < 0.001]
- In the setting of IBD-associated CRC, segmental resection and proctocolectomy are associated with similar survival outcomes
- Prospective study is essential to explore these findings.

- PSC and CUC
- 70% of PSC => IBD
- Increased risk of neoplasia => overall worse survival
- More tendency for refractoriness

- TPC & IPAA
- High rate of pouchitis about 40%
- Poor pouch function
- Worse quality of life
- Fertility in females
- Rectal sparing colitis
- Risk of neoplasia ?

- 125 patients
- 99 IPAA
- 26 STC

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Indication of surgery

| Rectal sparing refractory dzDyspasiaCarcinoma | 51% 37% | 42% 30% |
|---|------------|------------|
| | | |

Surveillance

8 yrs (IPAA) and STC (12yrs)

• LGD

2 pouch

• LGD

2 rectal cuff

Conclusion:

STC is considered a viable and safe option in rectal sparing PSC-IBD patients

Segmental Colectomy for Ulcerative Colitis: When If Ever?

- SC => ? Acceptable option
- Guidelines
- Highly selected patients
- Specialized centers

- Quiescent disease
- Single CRC
- Non IBD-related pathology
- Surveillance



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Questions

