

Peritoneal Carcinomatosis in CRC

Finding the Diamond in the Rough

23rd

ANNUAL CONFERENCE
OF THE EGYPTIAN SOCIETY OF
COLON & RECTAL SURGEONS

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No Disclosure

Focus on

**Appendicular
neoplasms**

**Decision making
rationale**

**Predictive Factors for
Successful CRS & HIPEC
in PC of CRC.**

Historical view

Concept

- For a long time, peritoneal neoplasms were **considered beyond surgical intervention and beyond cure.**



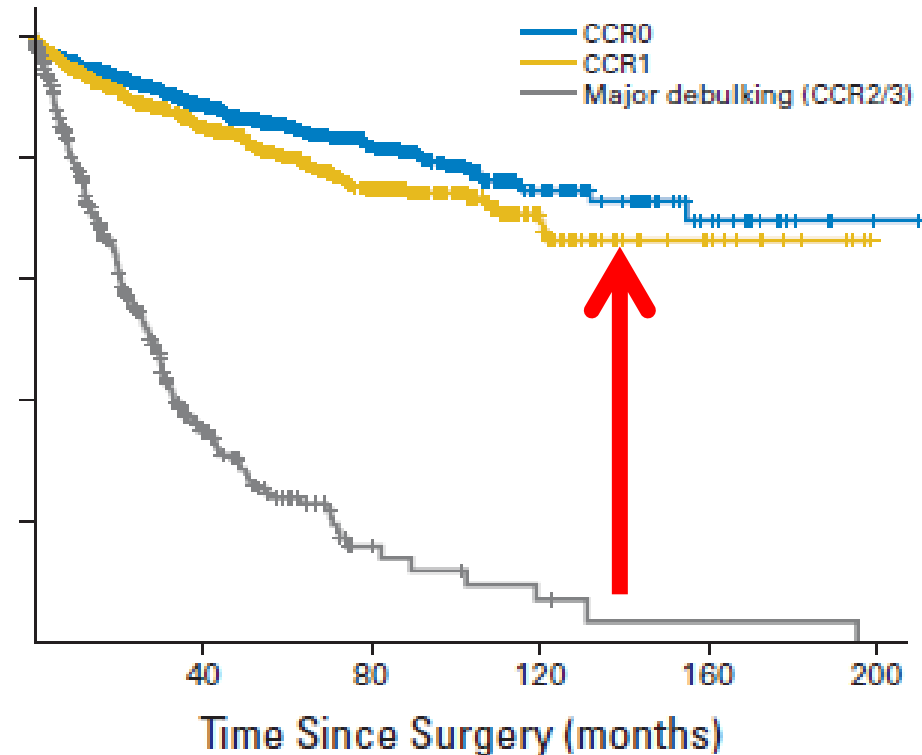
Options

- Best Supportive Care
- Surgical Treatment to improve Quality of Life

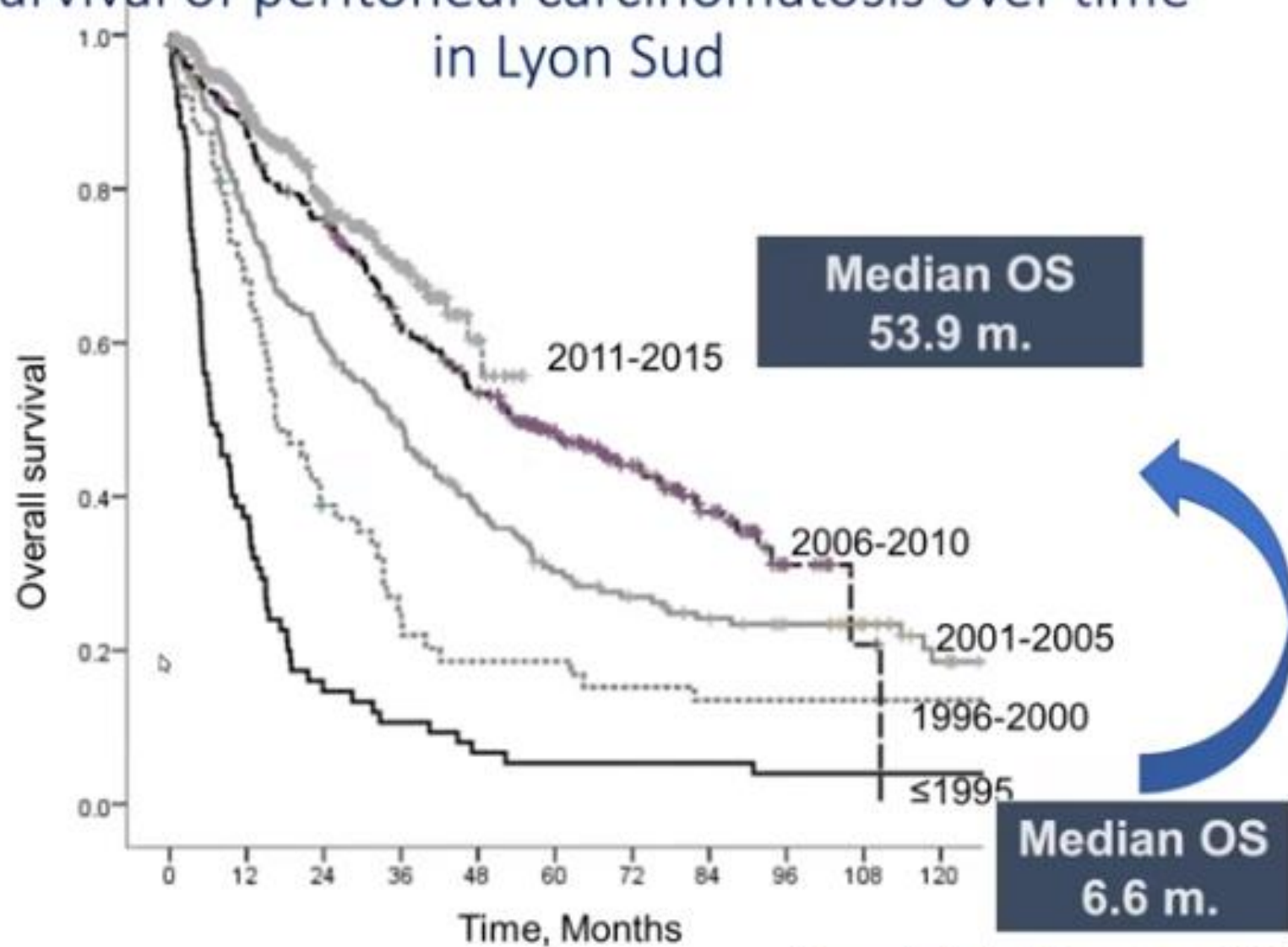


Dramatic Change in Survival

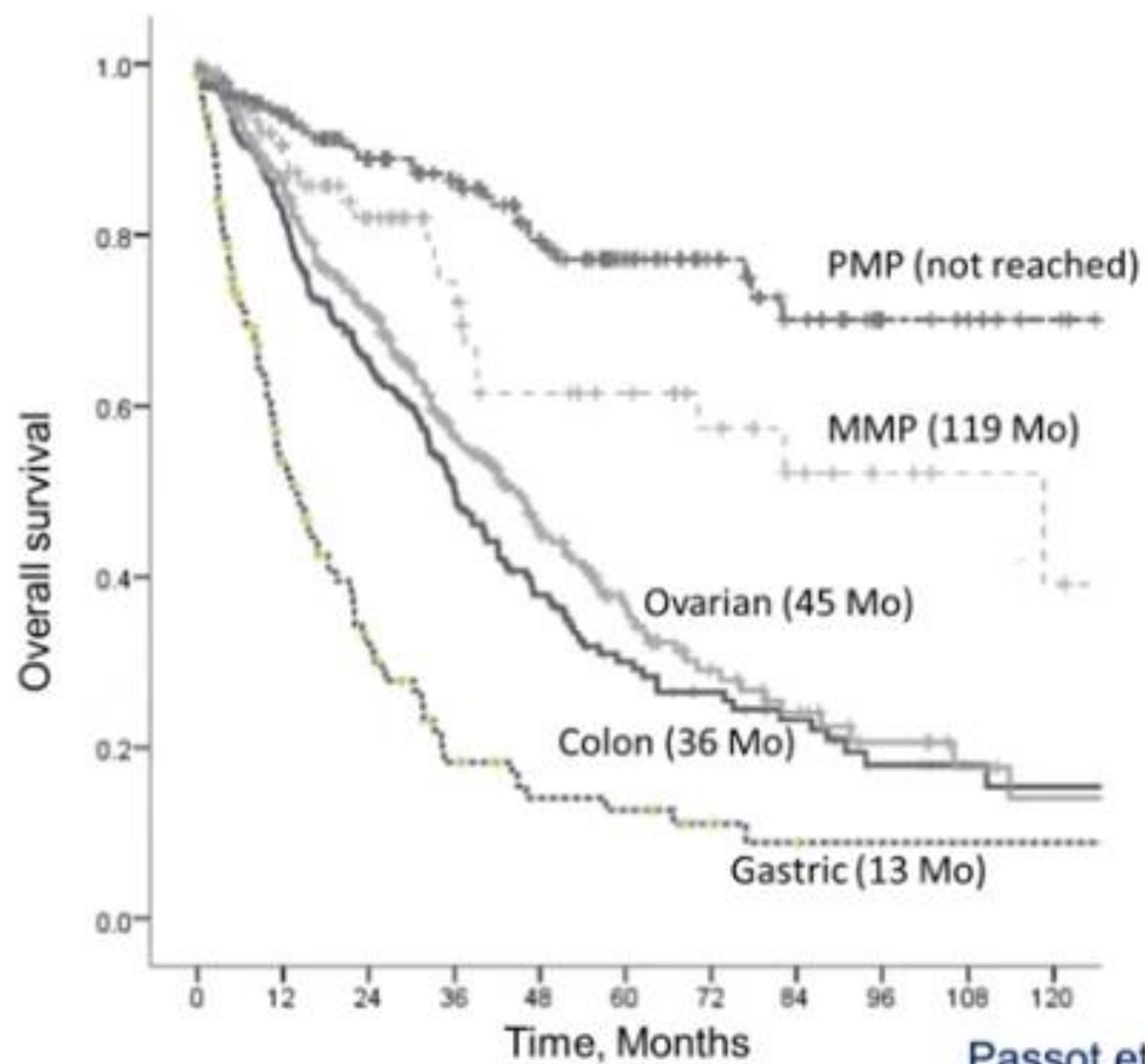
- The concept of **(CRS-HIPEC)** was introduced and changed survival rates from **zero to approximately 80%** for all patients.
- Median overall survival has improved from **few months to several years**



Survival of peritoneal carcinomatosis over time in Lyon Sud



Survival Regarding Origin of PC

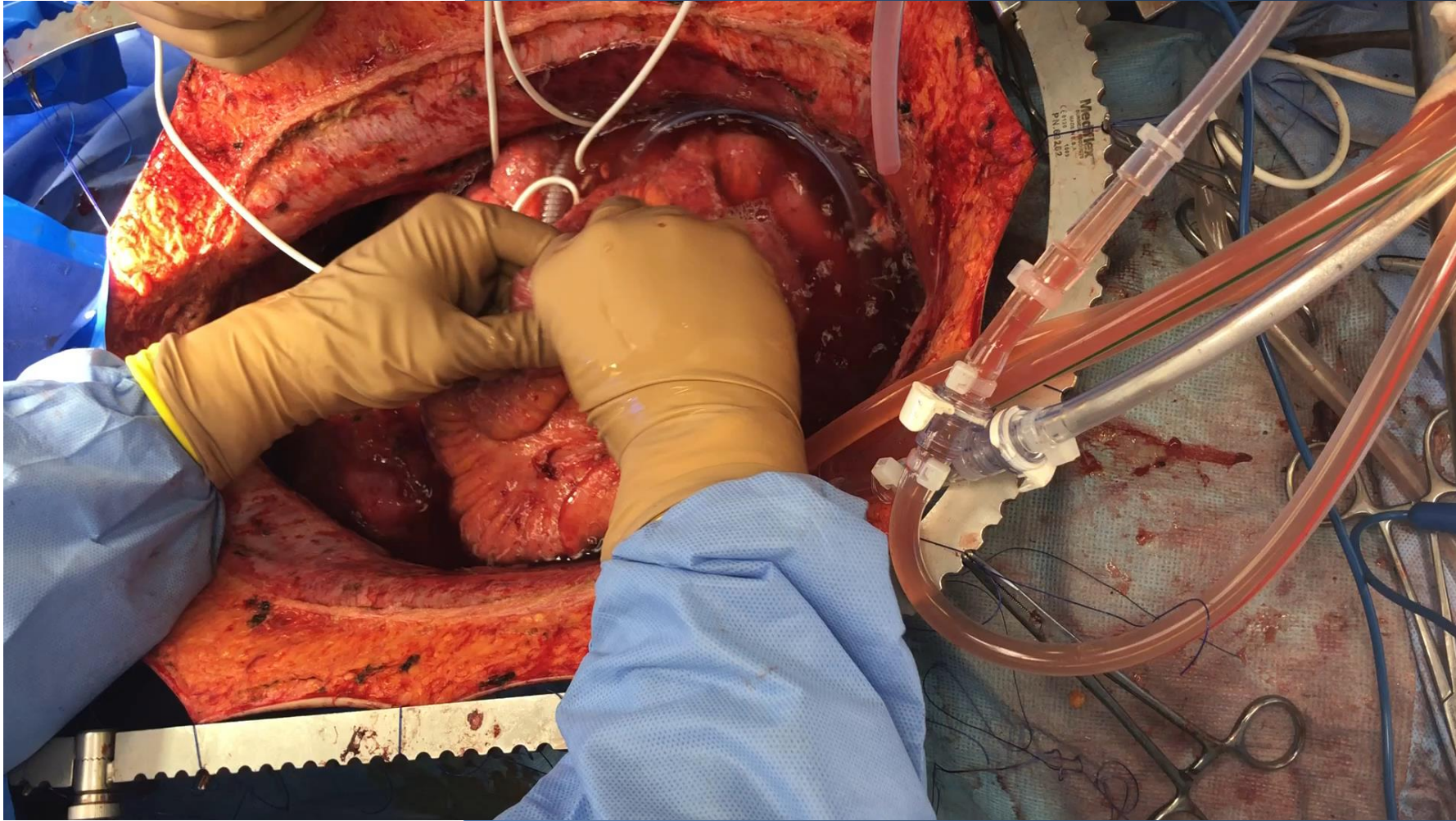


Passot et al. *J Surg Onc*, 2016



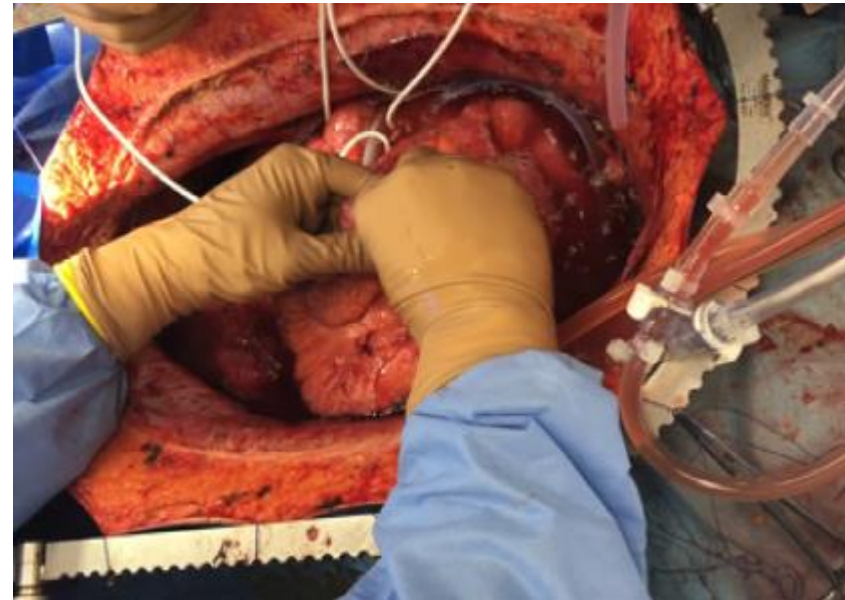
CRS

HIPEC



HIPEC effects

- Can be from cytotoxicity of **chemotherapy**.
- Can be from cytotoxicity of **heat**
- Can be **synergistic** effect of both heat and chemotherapy
- Can be from **mechanical** disruption of tumor cells.



Paul Sugarbaker



What can we reliably expect from HIPEC?

- Eradicate **Free cancer cells** present within peritoneal spaces bathed by heated chemotherapy solution (patients with positive cytology)
- Eradicate **cancer cells layered out** on normal and traumatized abdominal and pelvic surfaces during the CRS
- Eradicate **very very small volume residual disease** present at narrow margins of resection.

What is it that HIPEC cannot do?

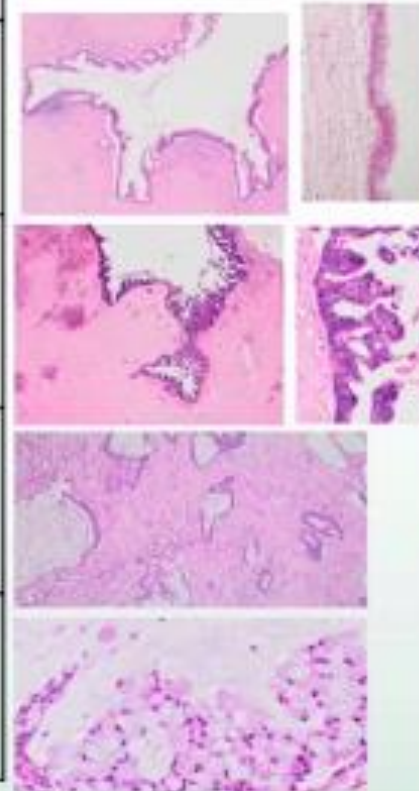
- Eradicate tumor **cells trapped within scar tissue** (adhesions)
- Eradicate **vascularized tumor nodules**
- Eradicate tumor **not bathed** by the heated chemotherapy solution
- Eradicate tumor **made drug-resistant by NAC**



**Appendicular neoplasm
decision making rationale.**

Classification of appendiceal neoplasia

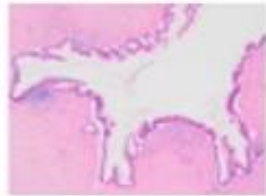
| | Type of invasion | Cytology | WHO Grade |
|---|------------------|-------------------------------|-----------|
| LAMN Low grade appendiceal mucinous neoplasm | Pushing | Low grade | G1 |
| HAMN High grade appendiceal mucinous neoplasm | Pushing | High grade | G2 |
| Mucinous adenocarcinoma | Infiltrative | Any grade | G2 |
| Mucinous adenocarcinoma with signet ring cells | Infiltrative | Signet ring cells $\geq 10\%$ | G3 |



Risk of **PMP** with appendiceal primary

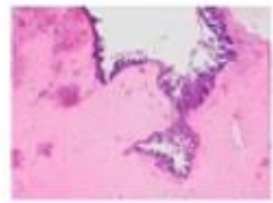
| | If confined to appendix: | If evidence of appendiceal rupture or extra-appendiceal spread: |
|---|---|---|
| LAMN | Risk of pseudomyxoma minimal | Risk of pseudomyxoma if acellular mucin 3% if cellular mucin 30-40% |
| HAMN (scanty data) | Probably similar to LAMN | Peritoneal disease more likely to be high grade |
| Mucinous adenocarcinoma | Pseudomyxoma, lymphatic and haematogenous metastases possible | Peritoneal disease likely to be high grade |
| Mucinous adenocarcinoma with signet ring cells | Pseudomyxoma, lymphatic and haematogenous metastases likely | Prognosis is worse than mucinous adenocarcinoma without signet ring cells |

LAMN



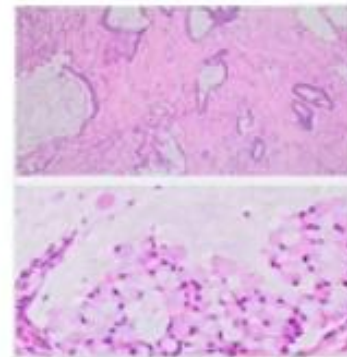
Not perforated : Appendectomy
Perforated with acellular mucin: Appendectomy
Perforated with cellular mucin: CRS/HIPEC

HAMN



Not perforated: Right hemicolectomy ?
Perforated: Right Hemicolectomy + CRS/HIPEC

Mucinous adenocarcinoma

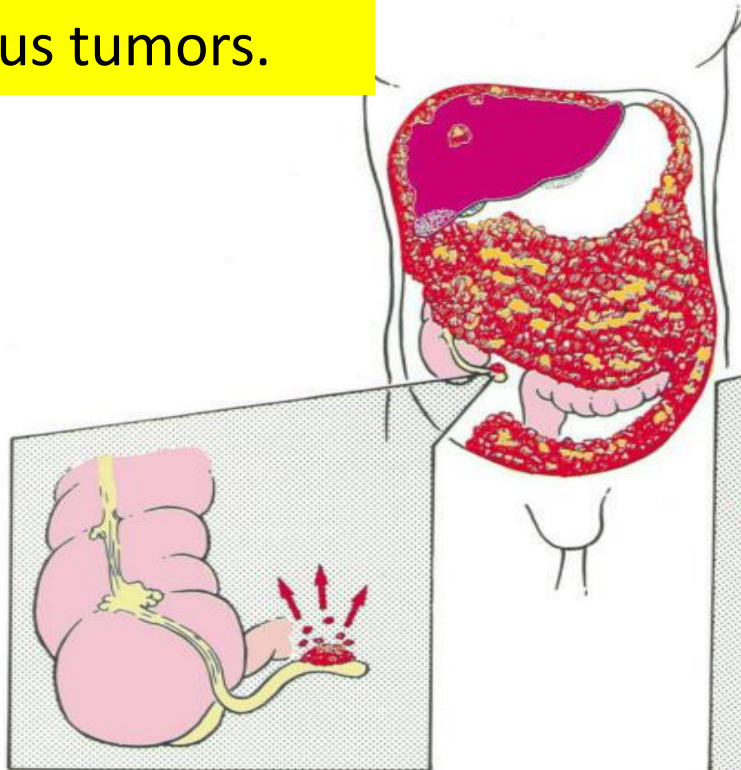


Not perforated: Right hemicolectomy
Perforated: Right hemicolectomy + CRS/ HIPEC



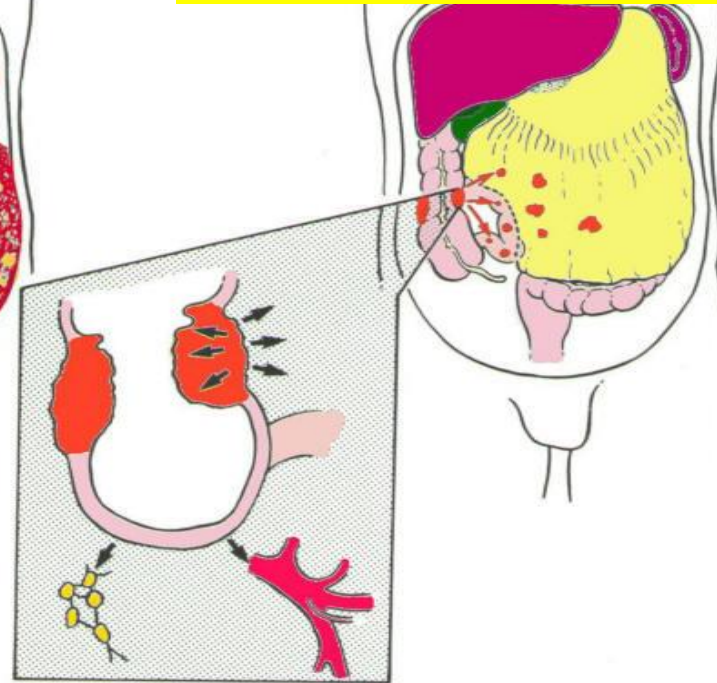
Two patterns of natural spread

Redistributed tumor in Non-invasive mucinous tumors.



Large volume of implants within the greater omentum, beneath hemidiaphragms, and within the pelvis.

A random and proximal distribution in Aggressive tumors.



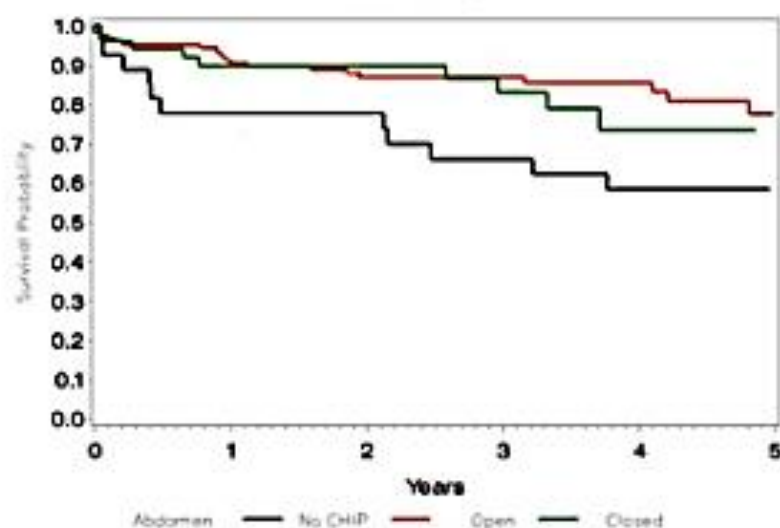
Implants are in close proximity to the perforation site and are randomly distributed on nearby surfaces.

Cytoreductive surgery and HIPEC

Pseudomyxoma peritonei

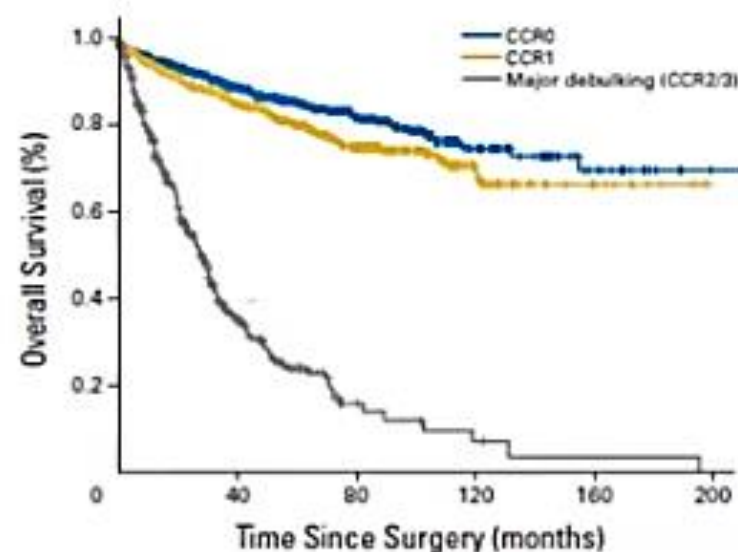


Étiologie Pseudomyxoma peritonei
All cause Mortality



French registry
Open and closed procedures

JOURNAL OF CLINICAL ONCOLOGY



2 117 patients
International Registry

Technical issues



●●●●○ Vodafone EG 3:51 PM 52%
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www.sciencedirect.com

Full Length Article

Outcome and surgical strategy in critical sites in cases of pseudomyxoma peritonei

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KEYWORDS

Pseudomyxoma peritonei;
Cytoreductive surgery;
HIPEC

Abstract *Background:* For a long time peritoneal neoplasms were considered intervention and beyond cure, till the concept of cytoreductive surgery (CRS) and thermic intraperitoneal chemotherapy (HIPEC) was introduced. However this is technically demanding and associated with considerable postoperative morbidity. *Objective:* To describe the surgical strategy in resection of critical sites local deposits and to evaluate short and long term results of CRS and HIPEC in patients with pseudomyxoma peritonei (PMP) from appendiceal origin.

Patients and methods: 21 patients with PMP, age ranged from 40 to 63 years females. All were recruited from the department of surgery at the National Cancer Institute (NCI), Cairo University over the period from February 2011 to February 2016 to CRS and HIPEC with mitomycin-C.

Results: The median peritoneal carcinoma index (PCI) was 22 (range: 10–39). Complete cytoreduction (CCR-0/I) was achieved in 19 patients (90.4%) of whom 17 patients (80%) achieved CCR-0. The median follow up period was 51.5 months (range: 10–108 months). The cumulative overall survival was 85.7% while the cumulative disease free survival was 52.4%.

Conclusion: To the best of our knowledge, this is the first study reporting five-year outcome of CRS and HIPEC in Egyptian patients with PMP from appendiceal origin. Although technically demanding, this treatment modality is safe and associated with favorable outcome.

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Introduction

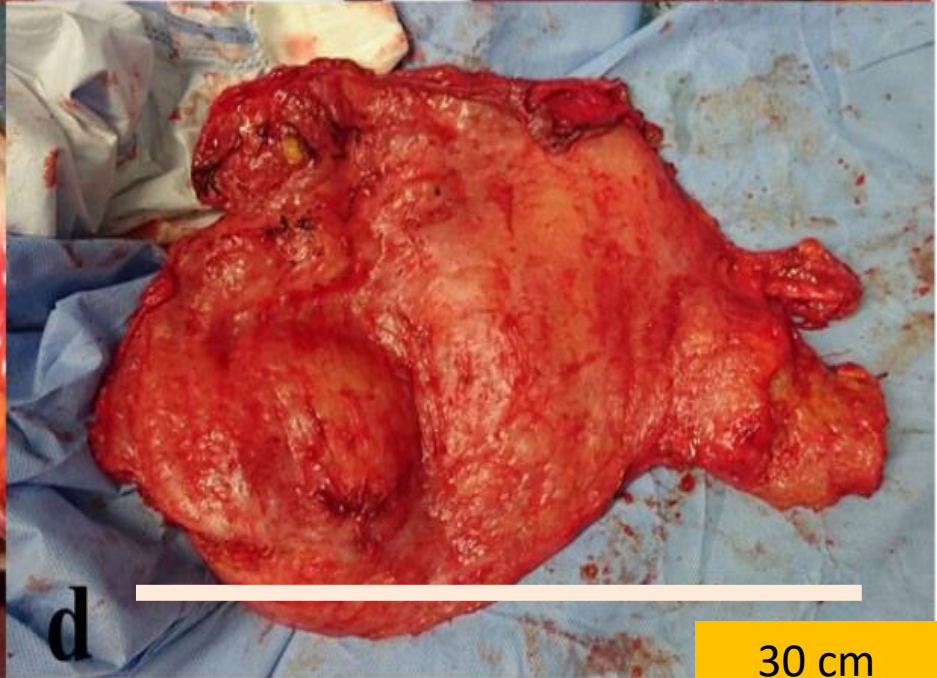
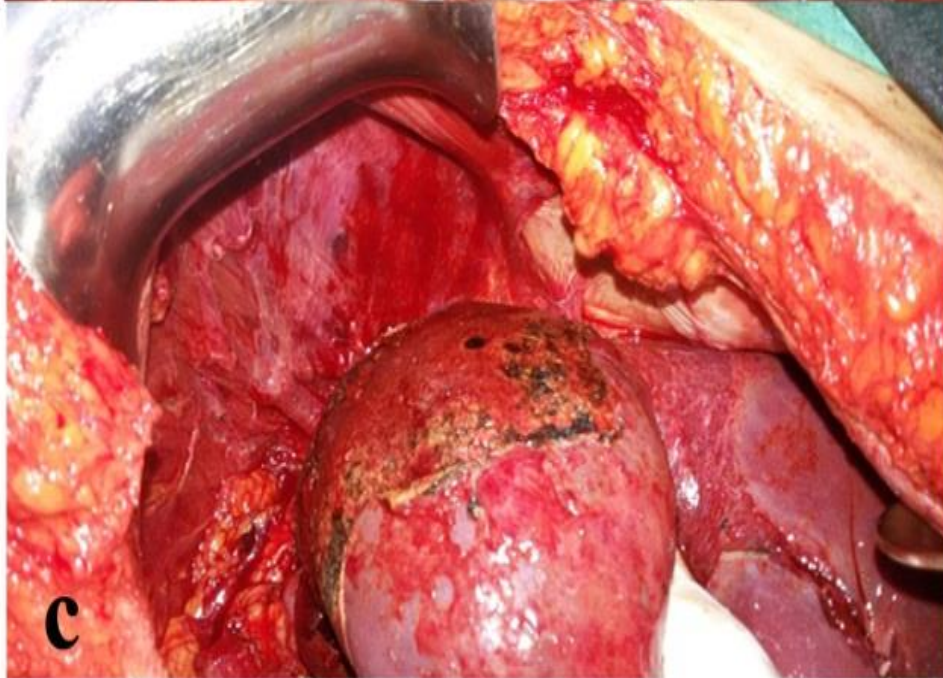
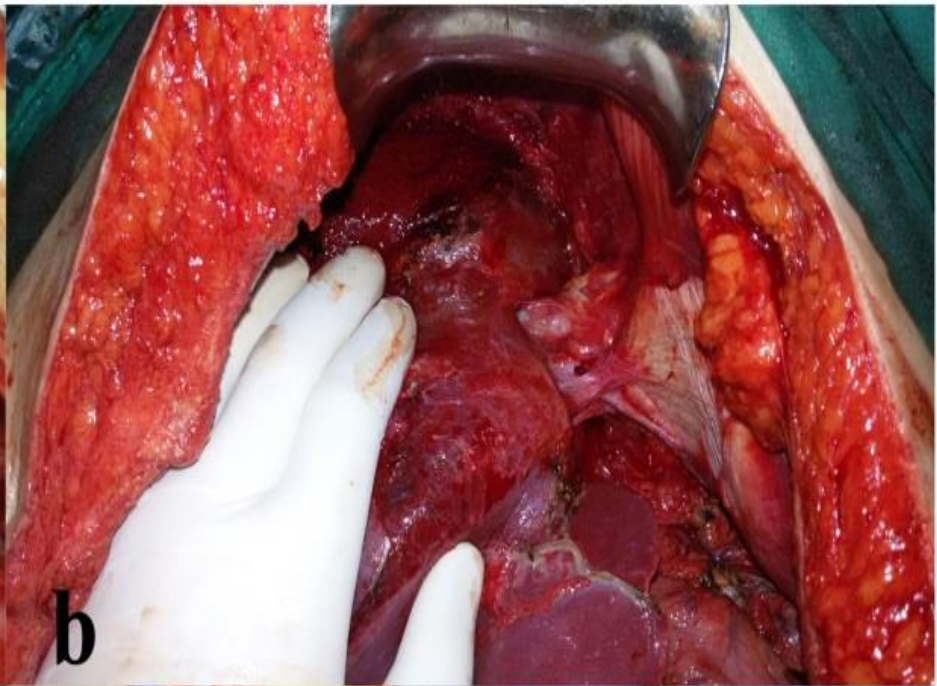
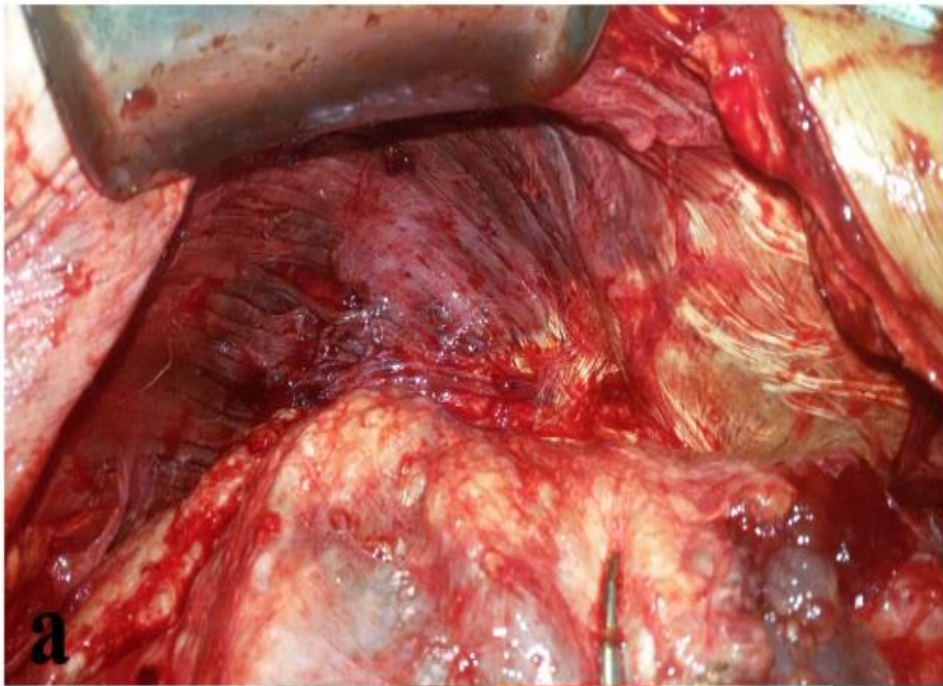
For a long time peritoneal neoplasms were

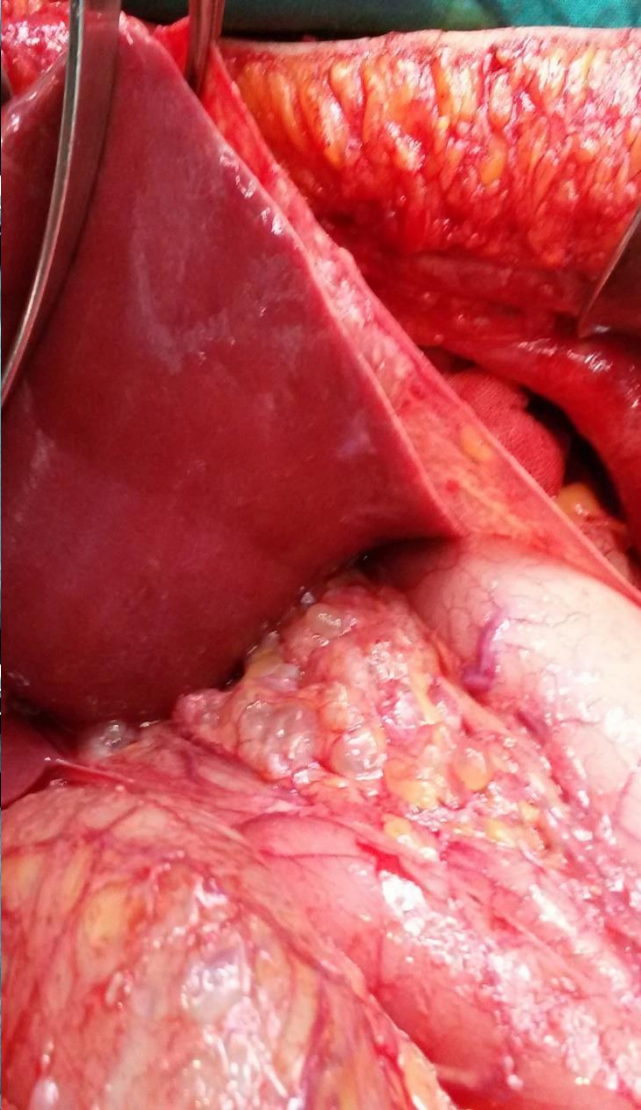
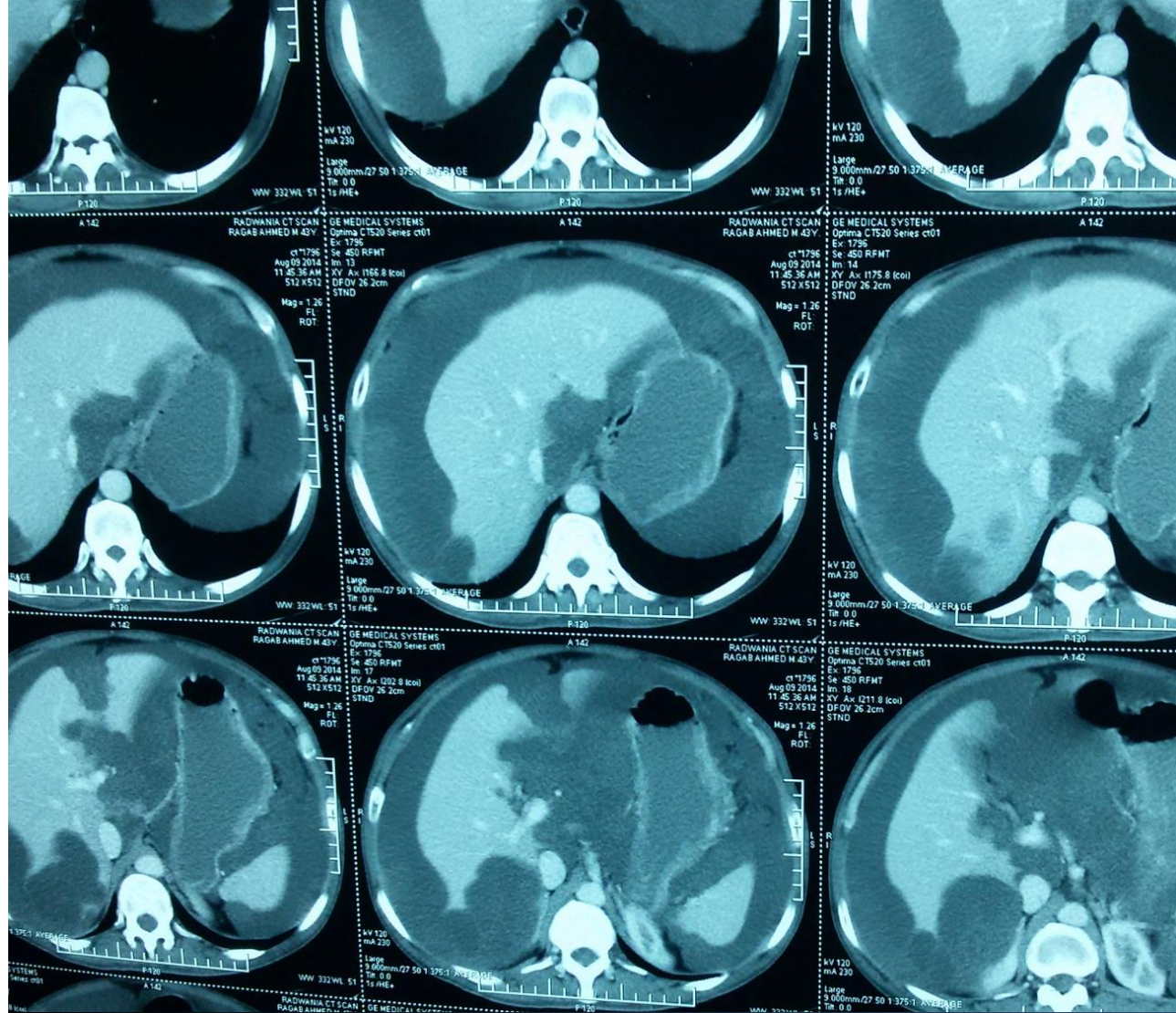


* Corresponding author.

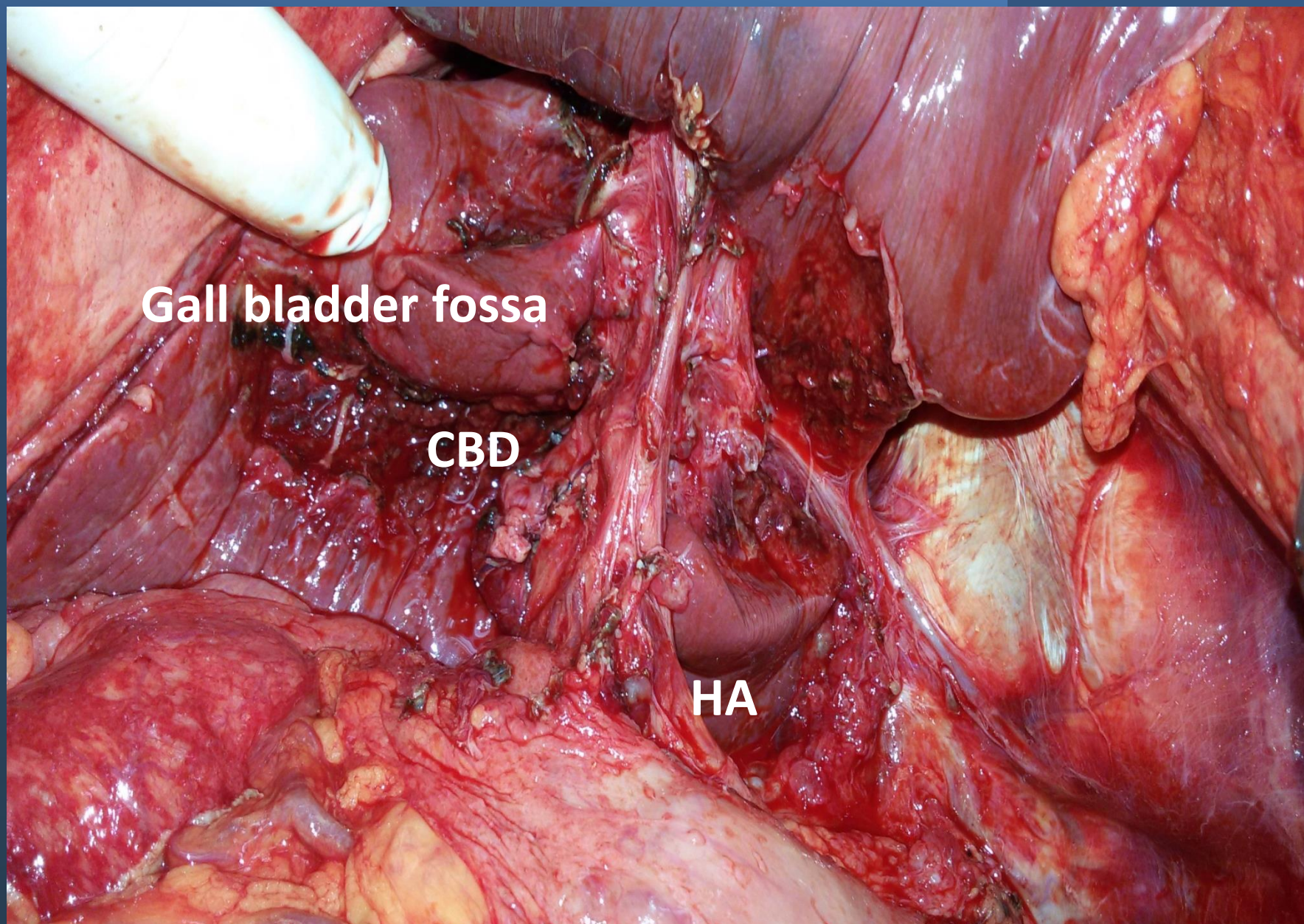
1-Tumor wrapping the liver







2-Tumor in the hilum of the liver

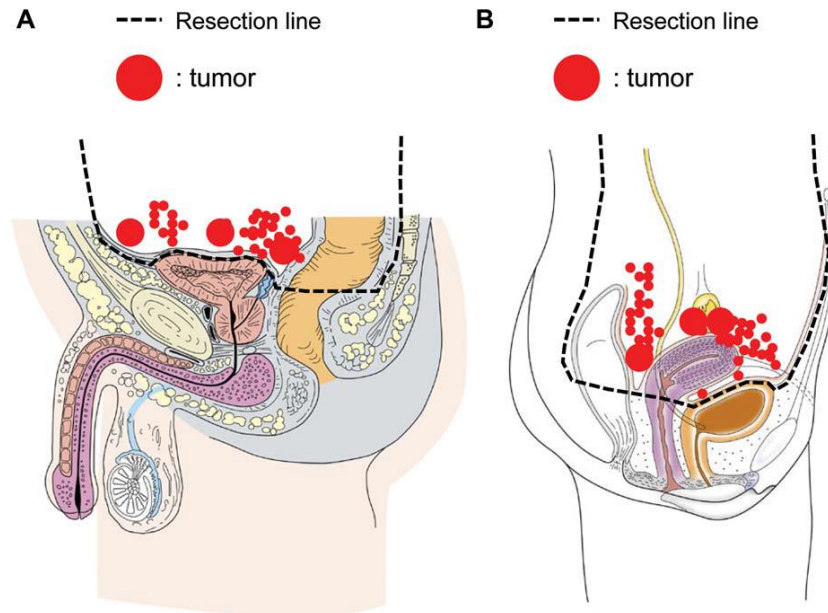


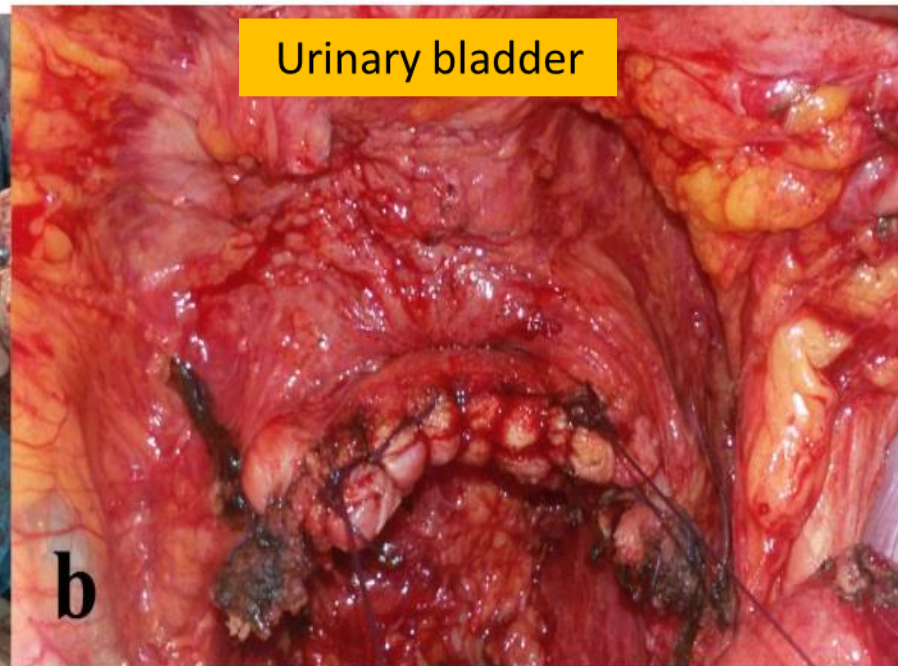
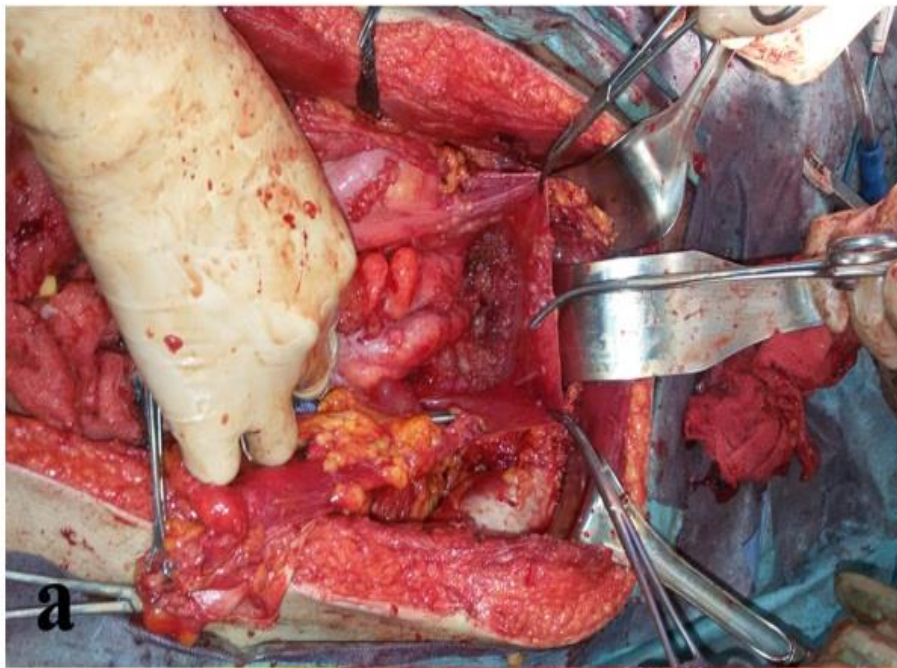
Gall bladder fossa

CBD

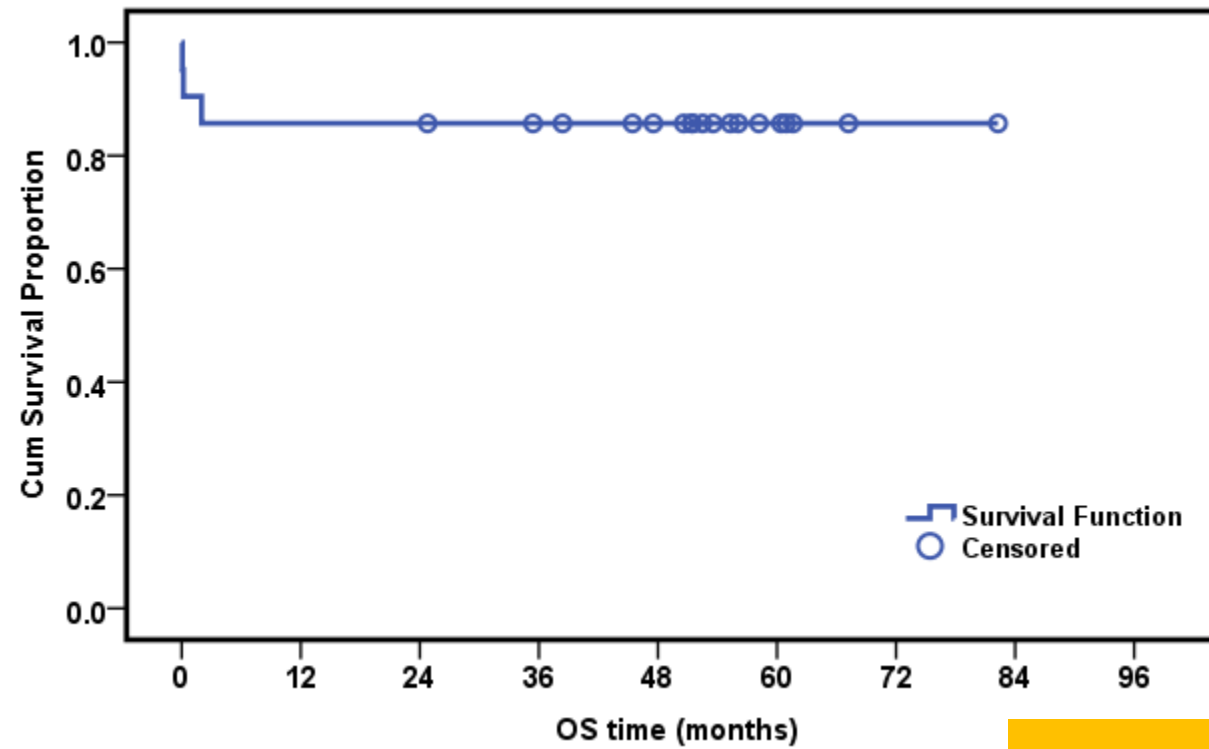
HA

3- Tumor wedged in the pelvis



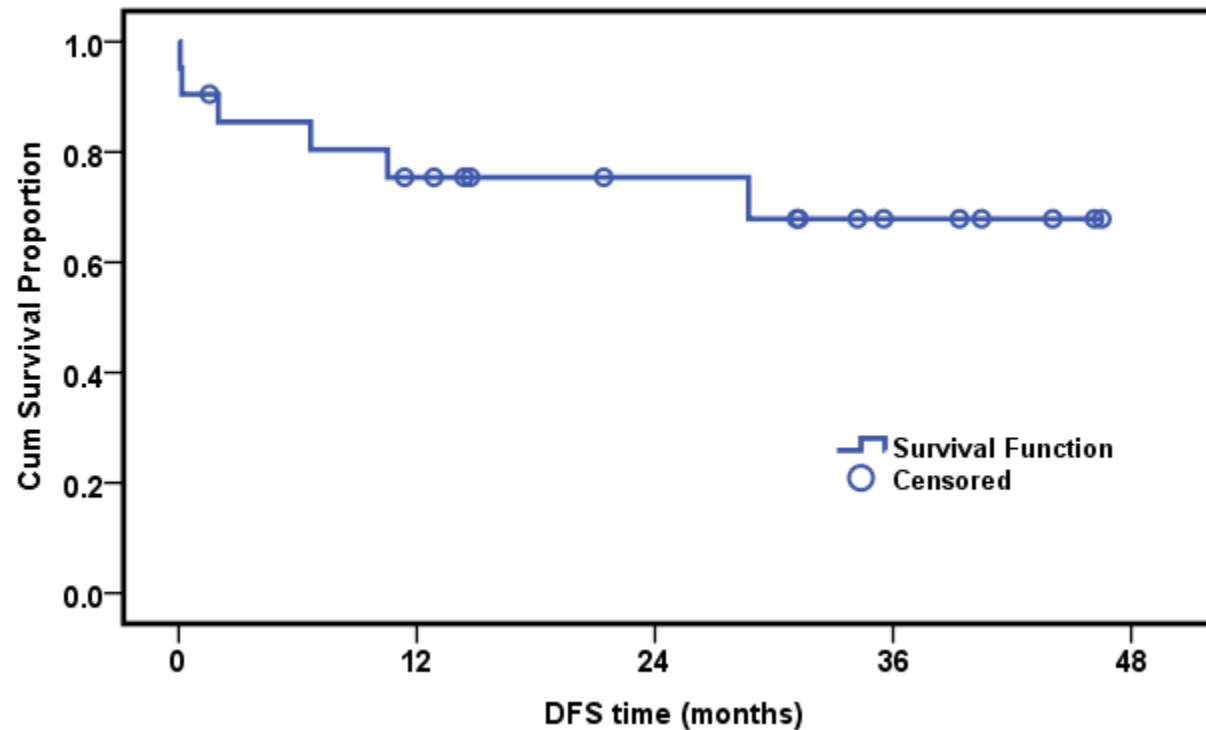


The cumulative over all (OS) for the PMP group

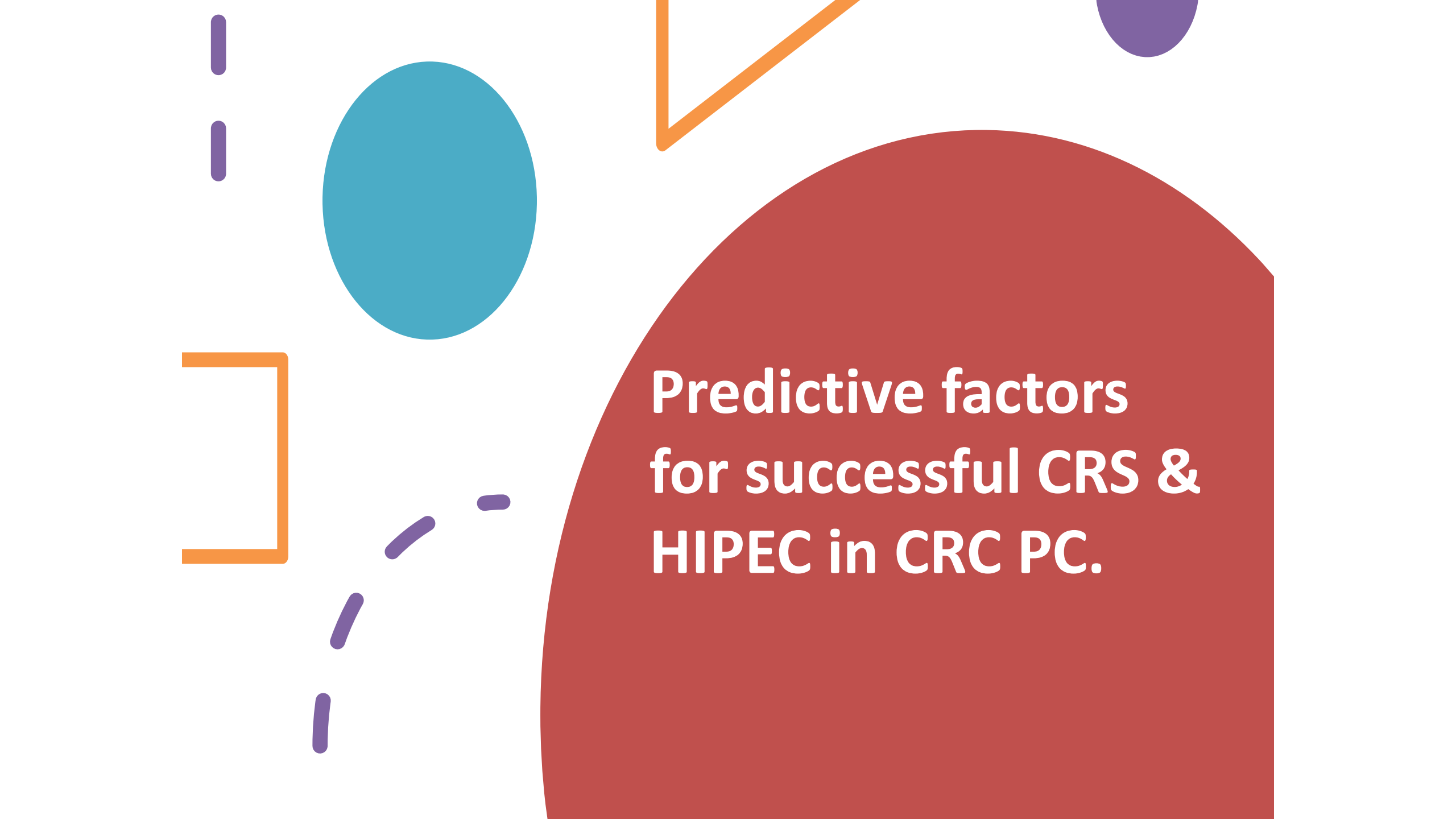


85 %

The cumulative diseases free survival (DFS) for the PMP group.



77 %

The background features several abstract geometric elements: a large teal circle in the upper left, a large red circle on the right containing the text, an orange L-shaped line, a purple L-shaped line, and several small purple and orange line segments scattered around.

**Predictive factors
for successful CRS &
HIPEC in CRC PC.**

Magnitude of the problem

15 % of cases present with synchronous carcinomatosis.

20 % of patients will develop metachronous disease at follow up.

5 % PC is the sole pattern of recurrence.

Solution of the problem

Median survival of 6 months in
untreated cases

Modern chemotherapy and
targeted agents the median
overall survival has dramatically
improved up to 24 months.

CRS and **HIPEC** improved
median survival up to 40-60
months.

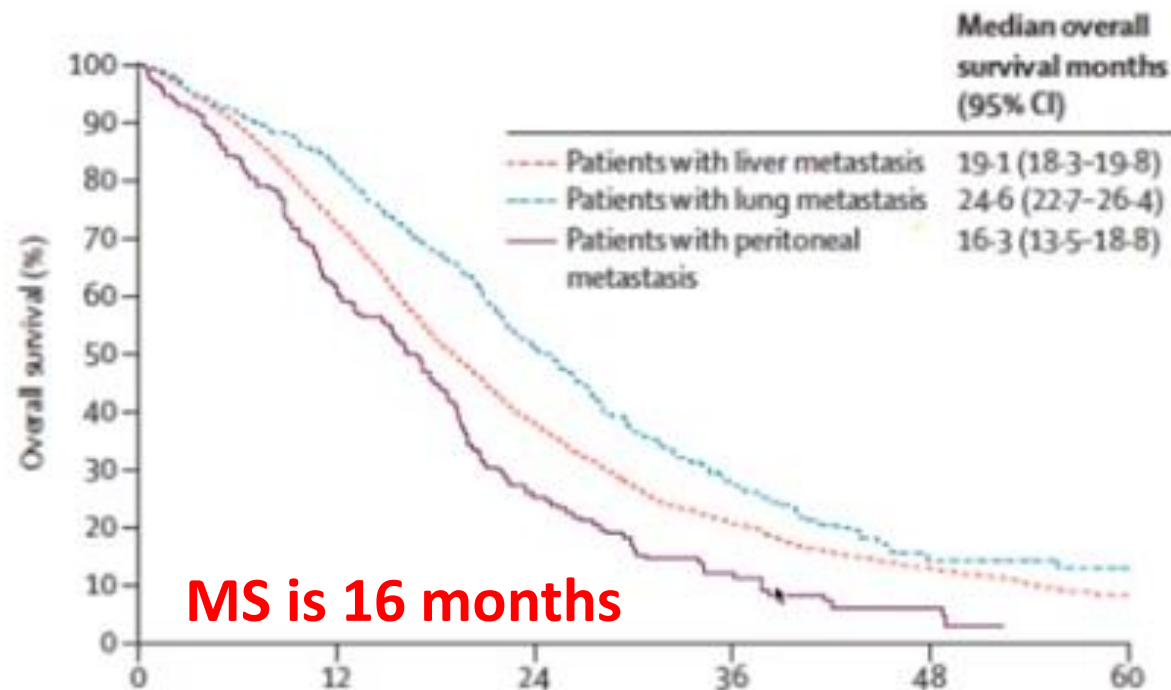
Evolution of median survival PC of CRC

| | | Median survival |
|--------------------|------------------------------------|--|
| Before 1990 | Systemic chemotherapy | 6 months <i>16 months with modern chemotherapy</i> |
| 1990-2000 | Verwal 2003 Glehan 2004 | 20 months |
| 2000-2010 | Elias 2010 | 30 months |
| 2010-2020 | Quenet ASCO 2018 | 40 months |



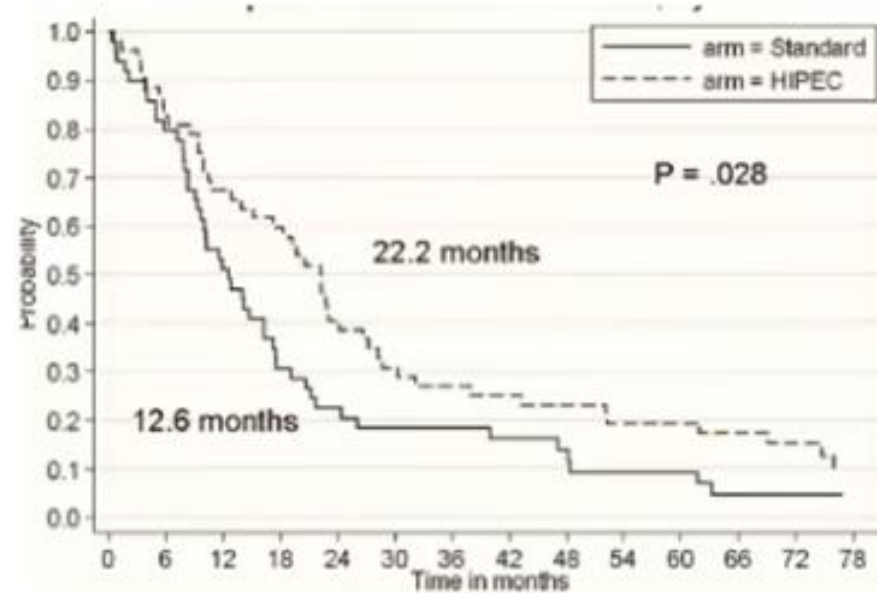
Prognosis of patients with peritoneal metastatic colorectal cancer given systemic therapy: an analysis of individual patient data from prospective randomised trials from the Analysis and Research in Cancers of the Digestive System (ARCAD) database

Jan Franko, Qian Shi, Jeffrey P Meyers, Timothy S Maughan, Richard A Adams, Matthew T Seymour, Leonard Saltz, Cornelis J A Punt, Miriam Koopman, Christophe Tournigand, Niall C Tebbutt, Eduardo Diaz-Rubio, John Souglakos, Alfredo Falcone, Benoist Chibaudel, Volker Heinemann, Joseph Moyn, Aimery De Gramont, Daniel J Sargent, Axel Grothey, for the Analysis and Research in Cancers of the Digestive System (ARCAD) Group



(CRS & HIPEC) vs Systemic

A randomized study

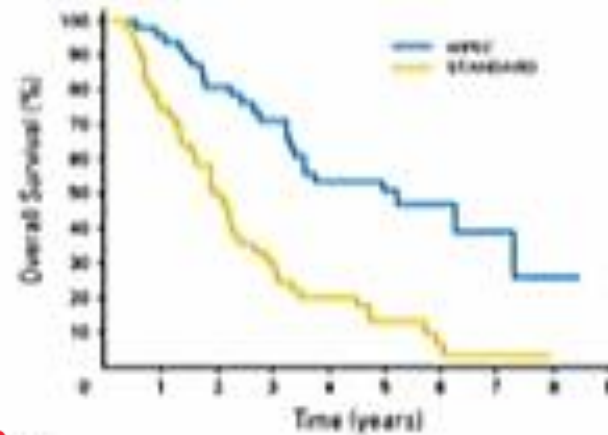


Surgery + HIPEC > Systemic chemotherapy

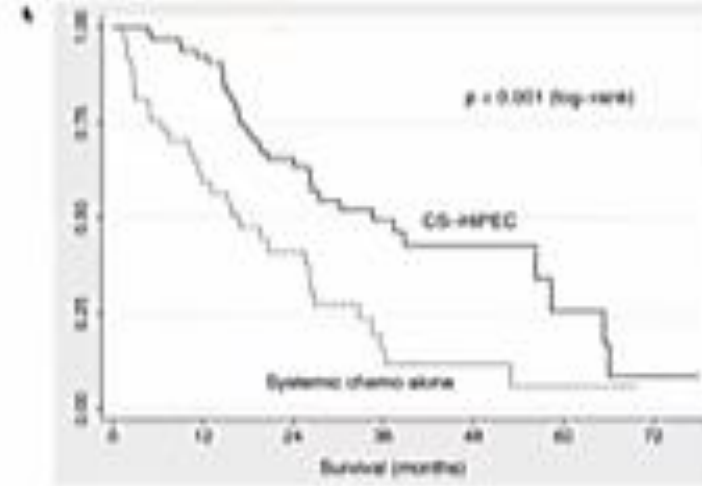
Verwall et al. J Clin Oncol 2003, Ann Surg 2008

(CRS & HIPEC) vs Systemic chemotherapy

- Elias et al.(*J Clin Oncol* 2008)
- Cytorreduction + HIPEC vs Modern systemic chemotherapy
- Limited PM
- Median survival of 62 vs 24 months



- Franco et al.(*Cancer* 2010)
- Cytorreduction + HIPEC vs Modern systemic chemotherapy
- More extended PM
- Median survival of 35 vs 17 months



PSDSS in 1000 patient

Peritoneal Surface Disease Severity Score (PSDSS)

American Society of Peritoneal Surface Malignancies

1 013 patients

Median Survival (months)

| PSDSS | Chemotherapy alone | Cytoreductive surgery and HIPEC |
|---------|--------------------|---------------------------------|
| PSDSS 1 | 45 | 86 |
| PSDSS 2 | 19 | 43 |
| PSDSS 3 | 8 | 29 |
| PSDSS 4 | 6 | 28 |

Ann Surg Oncol 2014

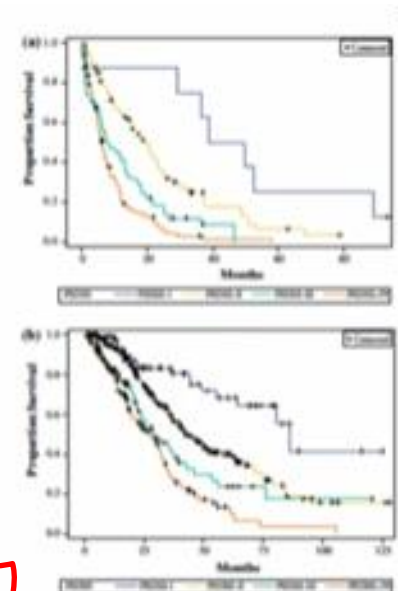
American Society of Peritoneal Surface Malignancies

1 013 patients

| Clinical | CEL PCI | Staging |
|-----------------|--------------------|--------------------|
| No symptoms | PCI < 10 (Low) | G1 G2 No Lx Vx |
| Mild symptoms | PCI 10-20 (Medium) | G3 No Lx and/or Vx |
| Severe symptoms | PCI > 20 (High) | G3 High Rec |

| Score | Stage |
|-------|-----------|
| 3-7 | Stage I |
| 4-7 | Stage II |
| 8-10 | Stage III |
| >10 | Stage IV |

Median survival > 60 months



Ann Surg Oncol 2014



Cure 16%

Peritoneal metastasis from colorectal cancer

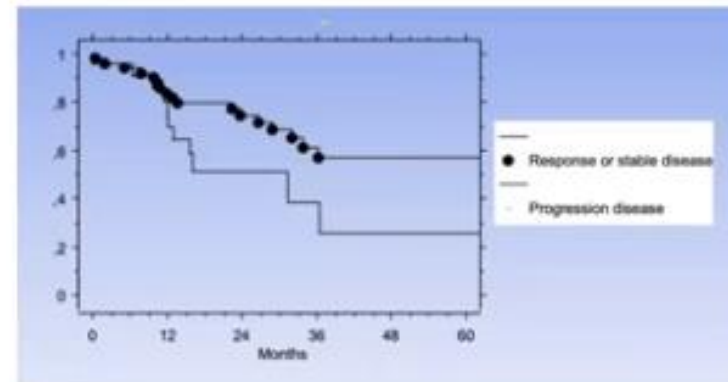
- **Survival at 5 years without recurrence : 16%**
- We can cure PM from colorectal cancer

Goere et al Ann Surg 2012

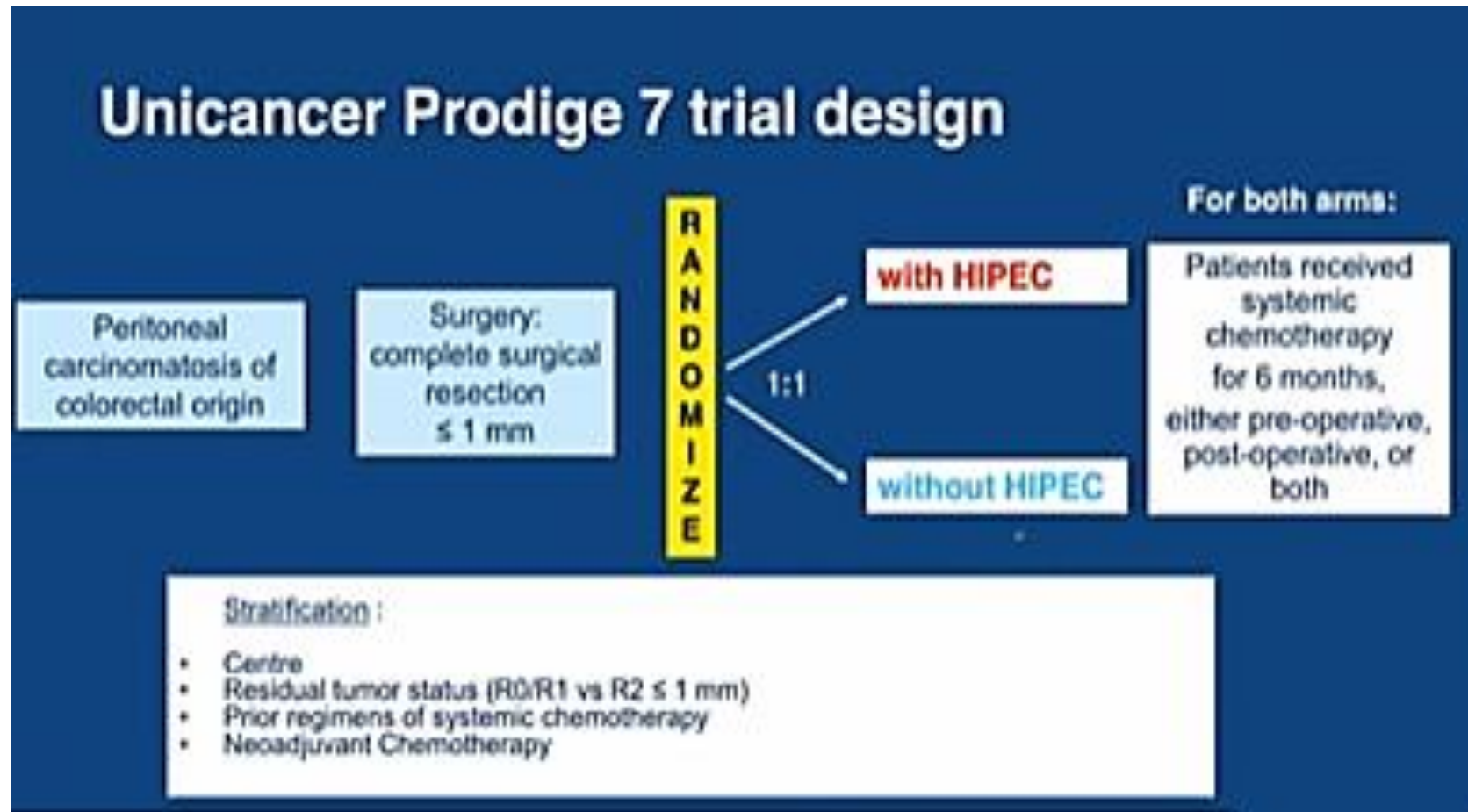


- **Median survival > 60 months**
- Strict selection of patients
- Systemic chemotherapy

Passot et al. Ann Surg 2012



Is it CRS or HIPEC



HIPEC Arm

HIPEC Arm (open or closed technique)

After Cytoreductive surgery

IP → Oxaliplatin 460mg/m² in 30 minutes (360mg/m² in closed procedures)

IV → Folinic Acid 20mg/m²
5 FU 400mg/m² } During HIPEC

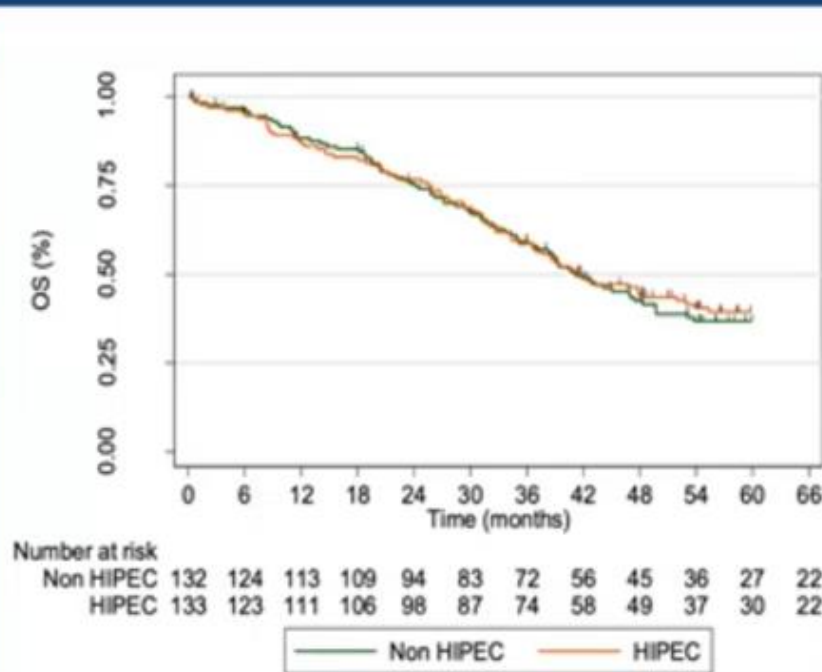


(Sugarbaker and Chang, JSO 2021)

- **Oxaliplatin** alone is NOT an effective agent for colorectal cancer with **a 20% response rate**
- The dose of **5-fluorouracil** by continuous infusion to achieve a maximal tolerable effect is 2400 mg/m² over 48 hours, The dose of 5-fluorouracil in the PRODIGE 7 is only 400 mg/m²
- 58% of patients with **PCI ≤11** were likely to be NAC complete or near complete responders and are expected to have a favorable outcome with CRS alone
- **30 minutes** HIPEC is too short

Positive Lessons from Negative trial

Overall survival (ITT)



Median Follow Up: 64 months [95% CI:58.9-69.8]

| | HIPEC | Non-HIPEC | P-value |
|-----------------------------------|------------------|------------------|---------|
| Median Survival (months) [95% CI] | 41.7 [36.2-52.8] | 41.2 [35.1-49.7] | 0.995 |
| 1-year Survival | 86.9% | 88.3% | |
| 5-year Survival | 39.4% | 36.7% | |

HR=1.00: 95%CI [0.73 - 1.37] p=0.995

HIPEC in Egypt 2010-2022

**Great Enthusiasm
and high
Expectations
from both
oncologists and
helpless hopeless
patients.**



We soon realized

- CRS and HIPEC do not fit all patients .
- There should be a **criteria to select** a subgroup of patients who carry good biological, pathological and clinical parameters

Decision making process is hard and complicated (MDT)

1. Age
2. PS
3. DFI
4. PCI
5. Signet ring /non signet ring
6. Associated resectable metastases
7. Patient motivation
- 8- Expert center

Selection.. Decisions Not Incisions



Contents lists available at [ScienceDirect](#)

Journal of the Egyptian National Cancer Institute

journal homepage: www.sciencedirect.com



Full length article

Peritoneal carcinomatosis in colorectal cancer: Defining predictive factors for successful cytoreductive surgery and hyperthermic intraperitoneal chemotherapy – A pilot study



Ahmed Mostafa Mahmoud^{a,*}, Yahia M. Ismail^b, Alaadin Hussien^a, Yasser Debaky^a, Ihab S. Ahmed^a, Hisham S. Wahba Mikhael^c, Manar Moneer^d

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^dDepartment of Cancer Epidemiology and Biostatistics, National Cancer Institute, Cairo University, Egypt

Special Radiological Focus to Critical Sites:

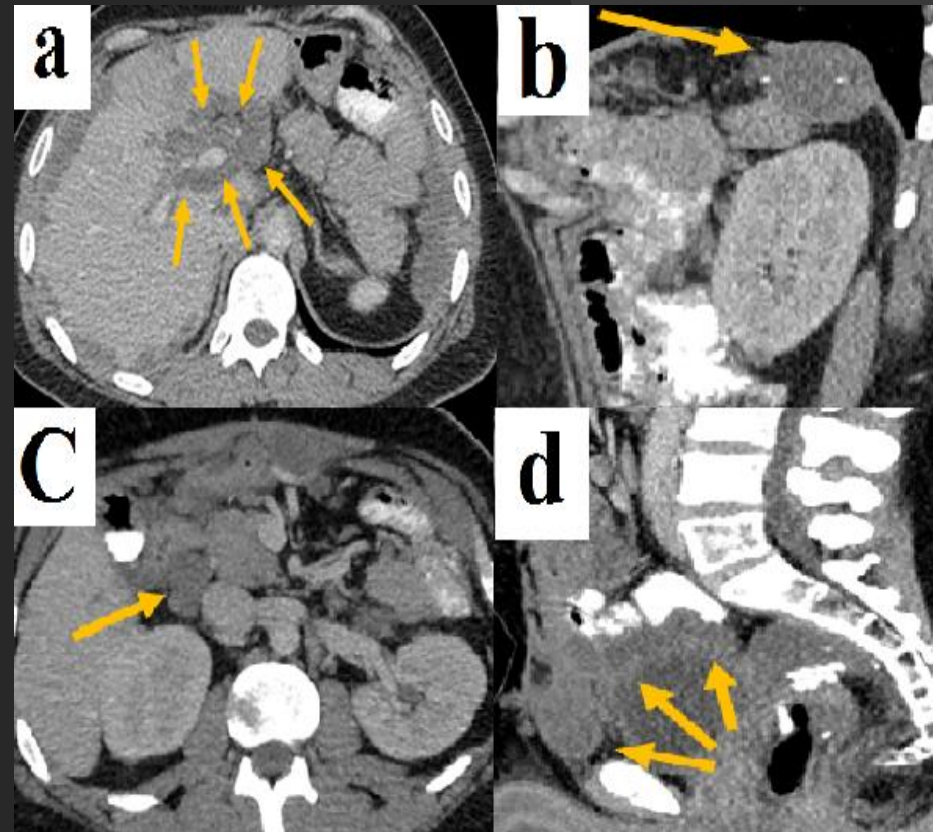
Hilum of the liver

Duodenum

Dudenojejunal junction

Root of mesentery

Base of the bladder



Diagnostic Laparoscopy

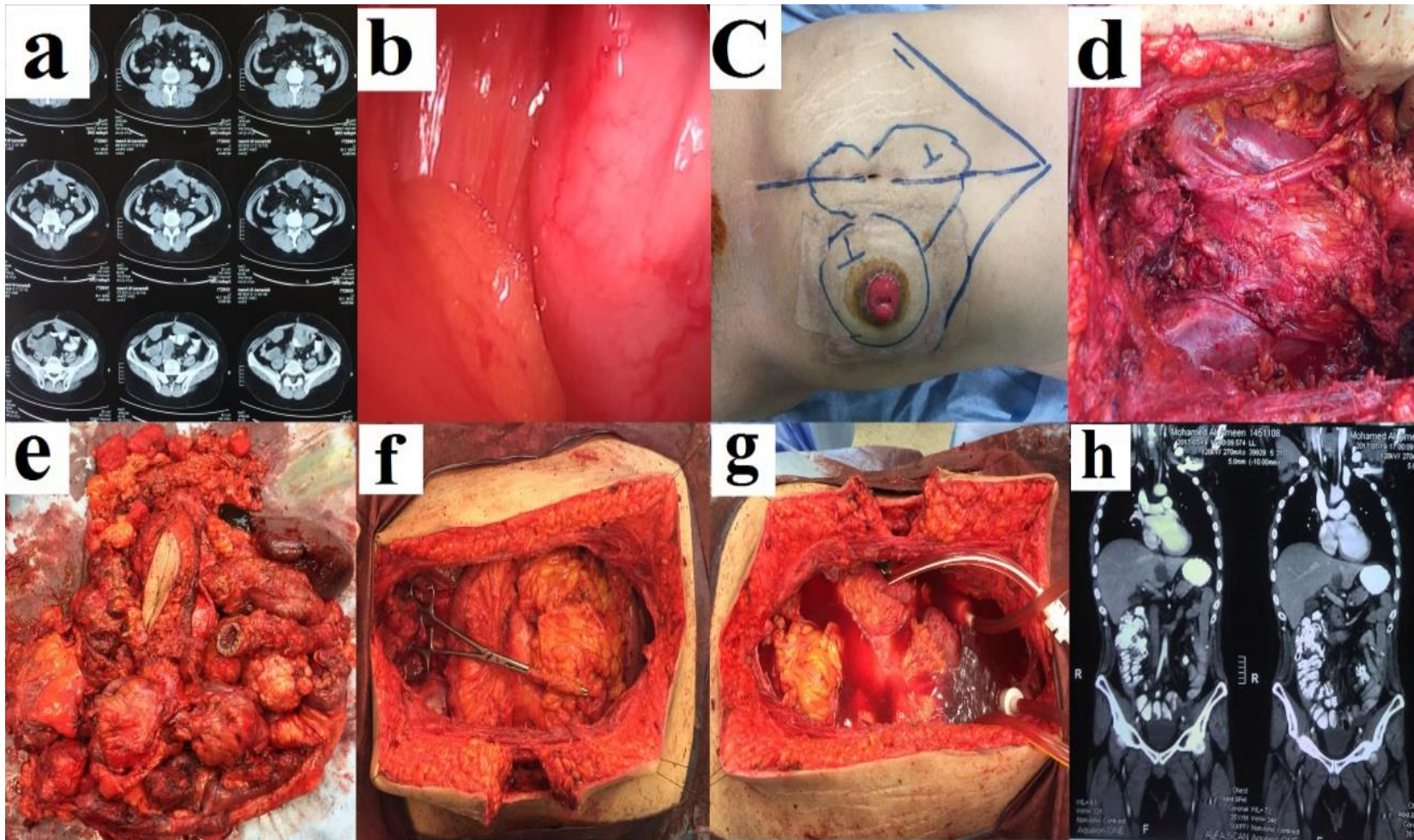


- Prior surgical scars and bulky tumor recurrence are avoided
- Midline trocars or Left upper or right upper quadrants
- Special focus to exclude extensive PCI with extensive mesenteric root involvement and/or extensive small bowel serosal involvement.



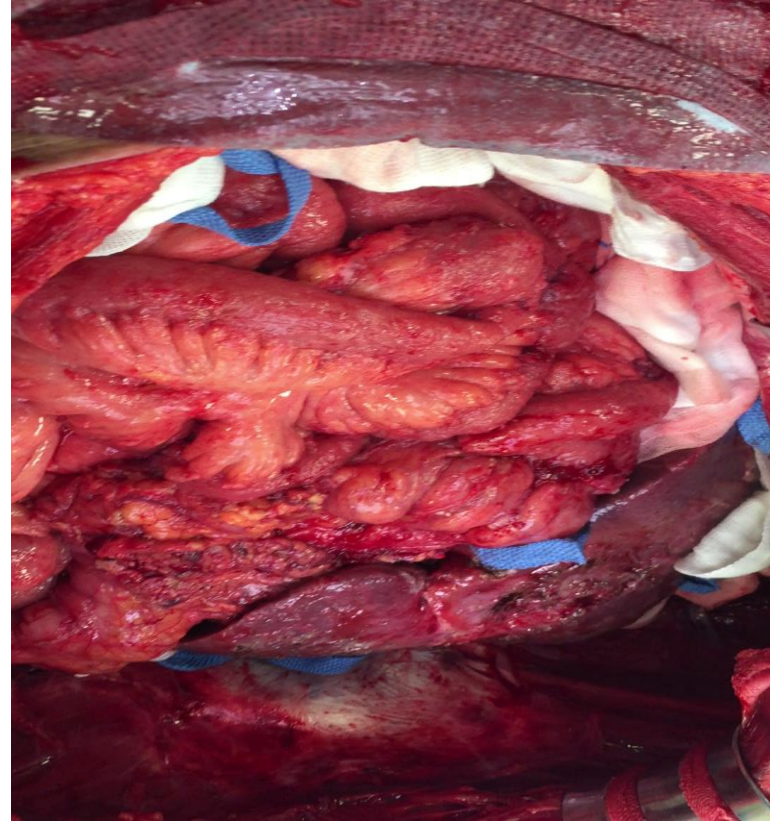
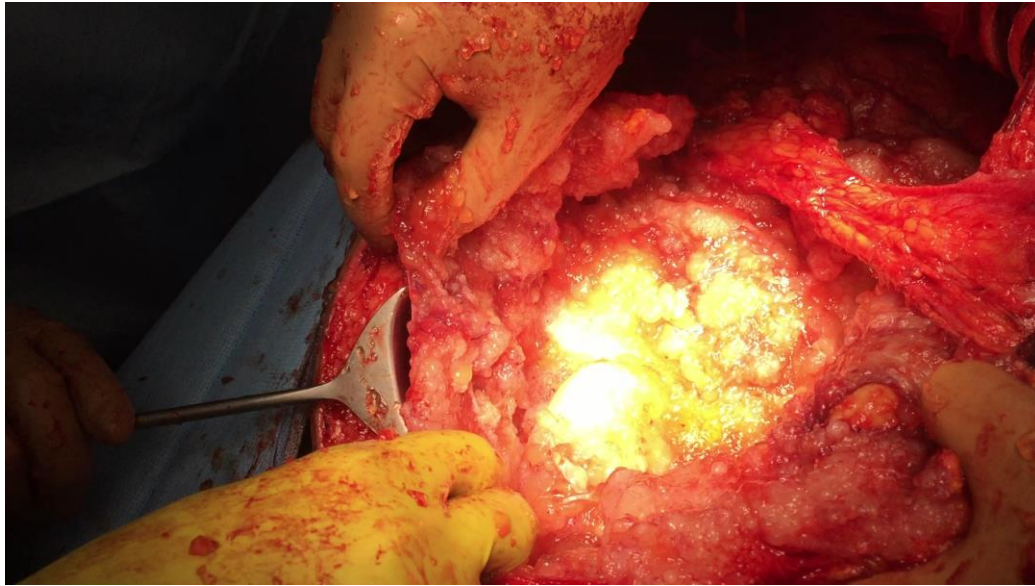
Diagnostic Laparoscopy



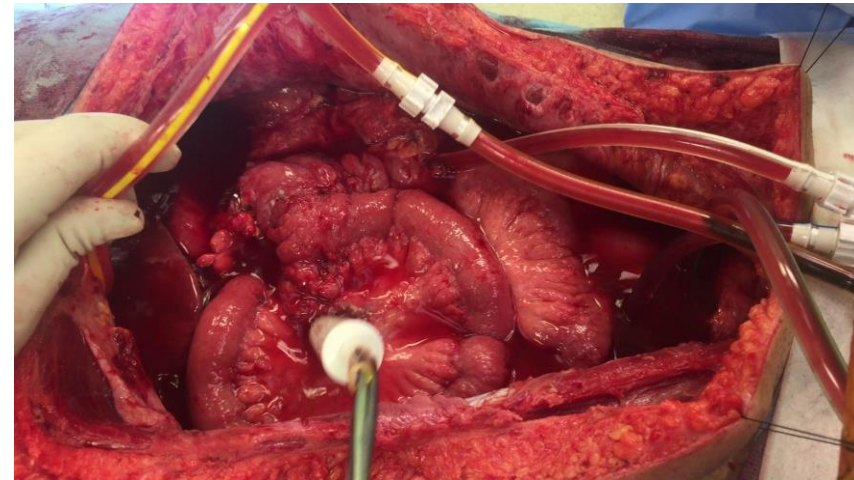


Very extensive cytoreduction in 65 years old male patient with recurrent mucinous carcinoma of right colon.

Before/After



- After CRS, HIPEC was performed using either the **closed** or **open** coliseum technique
- The abdominal cavity was perfused for one and half hour with isotonic dialysis fluid containing **mitomycin C** (20 mg/m²) at 42 °C



Factors affecting resectability

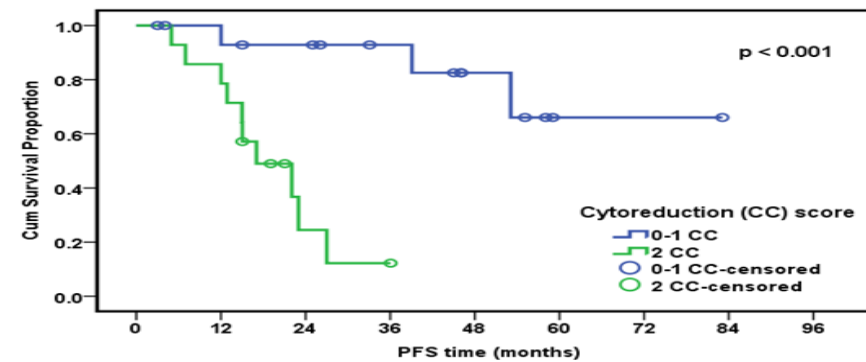
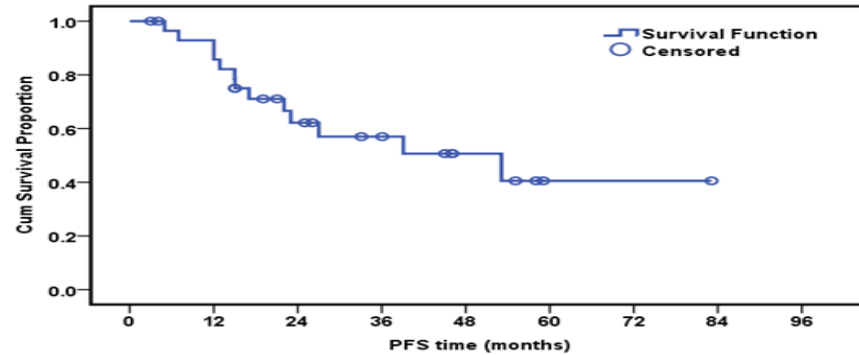
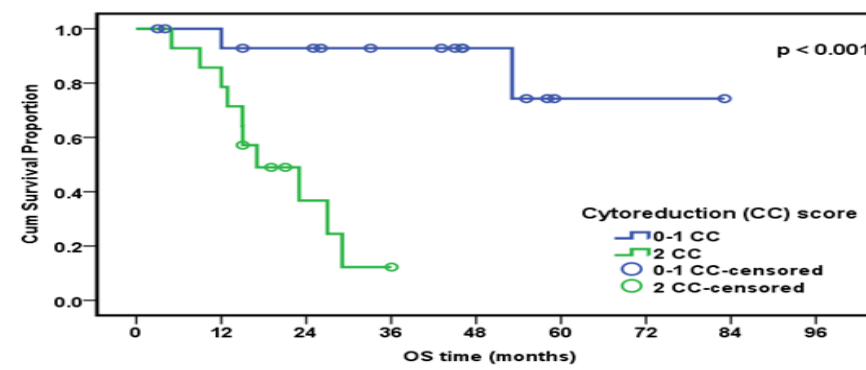
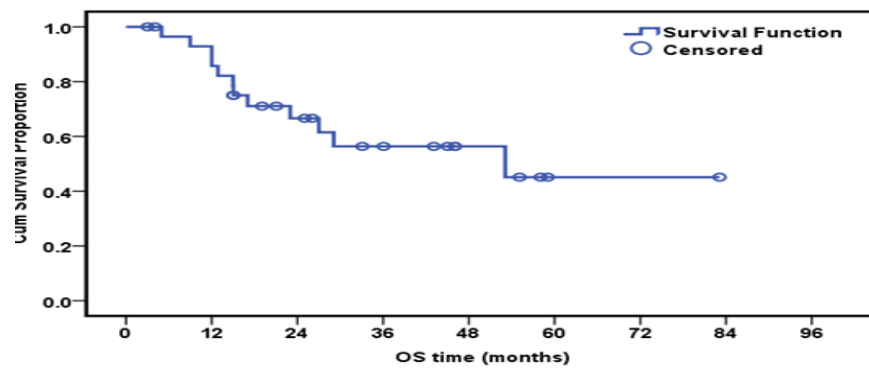
| Variable | Not resectable | resectable | P value |
|--------------------------------------|----------------|-------------|---------|
| Age | | | 0.36 |
| Less than 40 years | 4 (33.3%) | 8 (66.7%) | |
| More than 40 years | 9 (50%) | 9 (50%) | |
| Sex | | | 0.17 |
| male | 6 (33.3%) | 12 (66.7%) | |
| female | 7 (58.3%) | 5 (41.7%) | |
| Site | | | 0.08 |
| Ascending colon and Transverse colon | 5 (41.7%) | 7 (58.3%) | |
| Descending colon and sigmoid colon | 3(25%) | 9 (75%) | |
| Rectum | 5 (83.3) | 1 (16.7%) | |
| Pathology | | | 0.43 |
| *AC | 5 (35.7%) | 9 (64.3%) | |
| **SC and MC | 8 (50%) | 8 (50%) | |
| Ascites | | | <0.001 |
| absent | 5 (22.7%) | 17 (77.3%) | |
| Present | 8 (100%) | 0 (0 %) | |
| Intestinal obstruction | | | 0.13 |
| absent | 8 (33.3%) | 16 (66.7%) | |
| present | 4 (66.6 %) | 2 (33.3%) | |
| Ureteric obstruction | | | *** |
| Absent | 11 (40.7%) | 16 (59.3%) | |
| Present | 2 (66.7%) | 1 (33.3%) | |
| Retroperitoneal LNs | | | *** |
| Negative | 11 (42.3%) | 15 (57.7%) | |
| Positive | 2 (50%) | 2 (50%) | |
| PCI | | | <0.001 |
| ≤ 20 | 1 (7.1%) | 13 (92.9%) | |
| > 20 | 12 (75%) | 4 (25%) | |

- The presences of **ascites**, extensive peritoneal disease (**PCI > 20**) were significantly correlated with failure to achieve CRS and HIPEC ($p<0.001$), also primary **rectal site** showed a trend towards significance ($p = 0.08$)

OS in relation to different prognostic factors

| | No. | No. of events | Cumulative survival at 24 months (%) | Median survival(Months) | P- value |
|------------------------|-----|---------------|--------------------------------------|-------------------------|----------|
| Whole group | 30 | 12 | 66.6 | 53 | NA |
| Age: | | | | | |
| <40 | 12 | 3 | 71.6 | * | 0.180 |
| ≥40 | 18 | 9 | 63.5 | 29 | |
| Gender: | | | | | |
| Male | 18 | 8 | 61.4 | 53 | 0.519 |
| Female | 12 | 4 | 75.0 | * | |
| Ascites: | | | | | |
| Yes | 8 | 7 | 37.5 | 17 | 0.006 |
| No | 22 | 5 | 80.0 | * | |
| Anatomical site: | | | | | |
| Rectum | 6 | 6 | 0.0 | 12 | <0.001 |
| Left colon+sigmoid | 12 | 3 | 80.0 | 53.09 | |
| Right colon+transverse | 12 | 3 | 91.7 | * | |
| I.O. | | | | | |
| Yes | 5 | 4 | 40.0 | 22.99 | 0.035 |
| No | 25 | 8 | 76.7 | * | |
| PCI | | | | | |
| ≤20 | 14 | 2 | 100 | * | 0.002 |
| >20 | 16 | 10 | 39.4 | 17 | |
| CC | | | | | |
| 0/1 | 17 | 2 | 92.9 | * | <0.001 |
| 2 | 13 | 10 | 36.7 | 17 | |
| Pathology | | | | | |
| Adenocarcinoma(NOS) | 14 | 7 | 46.7 | 17 | 0.117 |
| Mucinous/signet ring | 16 | 5 | 80.2 | * | |
| Grade | | | | | |
| II | 24 | 8 | 72.1 | * | 0.275 |
| III | 6 | 4 | 50.0 | 23 | |
| T Stage | | | | | |
| II/III | 24 | 10 | 65.3 | 53.09 | 0.488 |
| IV | 6 | 2 | 75.0 | 27 | |
| Presentation | | | | | |
| Synchronous | 10 | 4 | 75.0 | 53 | 0.746 |
| Metachronous | 20 | 8 | 62.9 | * | |

- Patients presented with malignant ascites ,PCI>20 ,intestinal obstruction and primary rectal origin had significantly worse OS



- The cumulative overall survival (OS) and progression-free survival (PFS) **66.6 & 62.6%** respectively.
- Patients achieved **CC-0/1** had **significantly prolonged OS compared to CC-2** ($p < 0.001$)

- **CRS and HIPEC** as a loco-regional treatment strategy **provide longer survival** for PMP and PC-CRC patients when proper selection is carried out preoperatively.
- For CRC, patients with extensive peritoneal disease (**PCI>20**), **malignant ascites and IO** are poor candidates for the procedure.
- Overall, the prognosis of PC-CRC cases is still dismal, so applying **strict selection criteria** is a must to avoid unprofitable exploration.
- **Diagnostic laparoscopy** is an integral part of assessment of patients with PSM.

Conclusion



Paul
Sugarbaker

Criticism of current HIPEC methodology



1. Limited chemotherapy **penetration** into tumor is by simple diffusion.
2. Chemotherapy that enters the tumor cell is **rapidly cleared** by blood and lymph flow into the body compartment.
3. Chemotherapy that enters the tumor cell is **eluted** back into the peritoneal space immediately after HIPEC ceases.

(HIPEC deficiencies because of limited penetration, rapid clearance and rapid elution are corrected by meticulous cytoreduction until no visible peritoneal metastases remain. The visceral peritoneal surfaces must be targeted by HIPEC)

Criticism of current HIPEC methodology



4. Heat and chemotherapy **distribution** may not be uniform even in the open method. It is not uniform in the closed method.

(The closed technique does not distribute heat and chemotherapy uniformly)

Criticism of current HIPEC pharmacology



5. Chemotherapy cytotoxicity is limited to 30-50% of patients with current chemotherapy agents.

- The cytotoxicity of HIPEC can be improved by the use of two drugs and systemic plus intravenous administration.

6. A single application of chemotherapy is unlikely to be effective in the eradication of minimal residual disease.

- Multiple HIPECs have given promising results.

Thank You
For Your
Kind
Attention

